



## A Word About Daily Routines

A daily routine will create an environment where children can experience a variety of planned and unplanned (yet intentional) activities. Children thrive under a balance of active and quiet times. Offer children a variety of learning experiences that include individual, small and large group settings. Within each of these settings, invite children to determine how long you explore each activity and in what ways the activity evolves.

**Mother Goose Time activities offer approximately three hours of intended instruction each day.** We suggest many extensions and activities to carry you through the free play and extended day schedules. Our recommended schedule is for a full day, but please adapt as necessary to fit your time and children.

Arrival -  
8:30am

### Meet and Greet

Welcome each child. Encourage free exploration of activity areas.

8:30-9 am

### Circle Time

Children sit in a large group and discuss the question of the day. Children explore the weather, calendar, and learn a new rhyme or song.

9-10 am

### Free Play

Transition from Circle Time to free play with the suggested transition activity in the Teacher Guide. Children explore activity areas and build with blocks, play with sand and water, make art, play dress-up, or choose books to explore.

10-  
10:15 am

### Snack

Children participate in snack preparation, hand washing, serving and clean-up.

10:15-  
11:30 am

### Small Group

While a few children participate in the activities from the Teacher Guide with you, others play freely in activity areas while waiting for their turn.

11:30-  
12 pm

### Outside Play

Children participate in active play outdoors. Create natural playscapes which allow children to interact with bugs, plants, water, trees and nature.