

4 Connect: Build relationships with the family

The Traveling Journal

The Traveling Journal strengthens your partnership with families by offering an organized and easy method to maintain daily communication.

Input from home

The first part of the journal is completed by the family, providing you with a fuller view of how the child is doing that day.

Daily routines

Record the essentials in this section, including meals, diapering, and naps.

Thursday 9/28 day / date

FROM HOME

MY DAY

Awoke: 6:15am
Last fed: 7:20am
Last diapered: 7:45am
News: New tooth!

Last night:
 I slept well.
 I was restless.
 No one slept.



DAILY ROUTINES

diapering			meals	
wet	bm	time	what & amount	time
<input checked="" type="checkbox"/>	<input type="checkbox"/>	8:44am	<input checked="" type="checkbox"/> or: 4 oz	10:45am
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	11:05am	<input type="checkbox"/> or: Avocado, 1/4	1:10pm
<input checked="" type="checkbox"/>	<input type="checkbox"/>	1:20pm	<input type="checkbox"/> or: Cereal, small bowl	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	2:57pm	<input checked="" type="checkbox"/> or: 2 oz	2:25pm
<input type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/> or: 8 oz	4:15pm
<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/> or:	

EXPERIENCE

highlight of the day:

She stacked 3 blocks today! She giggled when knocking them down. We played this over and over.

new things I tried today:

12

Stir it Up
7.2 Responds to sounds, gestures & words to understand language

Investigates the actions of using a bowl and a spoon with a song about stirring.

12

Family Dance
4.1 Demonstrates strength, balance & coordination

Explores strength, balance and coordination while doing a "Stop" and "Go" Family Dance.

12

Family Love
20.1 Develops understanding of cause & effect

Explores the feel of making foot imprints in dough that can be baked, painted and sent home to family.

supplies needed

- Diapers
- Wipes
- Formula/Milk
- Clothes
- Other

COLLABORATE

back & forth

The suggestion to sing during diaper changes is working great!



Daily experiences

Use this section to capture highlights of the day. You can quickly convey any Shared Experience activities that happened by placing the printed stickers provided, or by making your own notes.

Collaboration

This space provides a channel of communication between you and the family. Jot down ideas, questions and suggestions, and encourage the family to do the same.

Sticker system

Included with the Daily Journal is a set of 36 stickers that provides a quick and easy way to summarize each activity in the Shared Experience deck. Stickers allow flexibility in how many and which activities you share with the child each day.

1

Wake Up, Puppet
2.2 Develops persistence and attention

Communicates a desire to continue playing a game.

1

Play the Piano
4.2 Travels and moves

Move in response to sound changes.

1

Sock Surprise
16.2 Explores parts and wholes

Investigates a sock and the contents hiding inside of it.

2

Find a Pet
11.1 Interacts with pictures and books

Engages with an early literacy experience by looking at and responding to pictures of animals.

2

I'm Strong
4.1 Demonstrates strength, balance and coordination

Tugs, bats or pulls at dangling ribbons to explore strength.

2

Circle Science
19.1 Explores the weight and size of objects

Explores the properties of circular objects by grasping, banging, dropping and placing.

3

Bookmarks
11.1 Interacts with pictures and books

Explores pages of a book to find hidden objects you place between the pages.

3

Family March
5.2 Uses hands to accomplish simple tasks.

Experiments with pounding, bouncing and walking to music.