




# Toddler Continuum of Skills

Individual children develop at a unique pace.

Younger Toddler

Older Preschool

	Skill / Skill Code	Benchmark 2	Benchmark 3
 <b>Social &amp; Emotional Development</b>	<b>SED 1 Self-Awareness</b>	Recognizes self in photos or in a mirror.	Expresses likes and dislikes. Expresses simple ideas about self in relation to others such as family.
	<b>SED 2 Self-Regulation</b>	Shows a range of emotions with facial expressions and gestures. Soothes self by seeking a familiar adult or thing. Redirects to a new activity with help from caregivers.	Experiments and role-plays with a range of emotions. Recognizes when the typical routine is not followed and identifies the change.
	<b>SED 3 Attention &amp; Persistence</b>	Participates in daily routines or familiar activities. Attends to what others are looking at or pointing to.	Focuses on an engaging activity for a short period of time independently or with an adult. Asserts a desire to start or end an activity. Asks for help as needed.
	<b>SED 4 Social Relationships</b>	Greets and stays near familiar people. Mimics facial expressions of others. Explores people and their features side-by-side in a book or a mirror.	Identifies and plays side-by-side with a new or familiar person. Demonstrates concern for someone who is sad. Identifies differences between self and others. Participates in an activity when asked.
 <b>Physical Development</b>	<b>PD 1 Gross Motor</b>	Walks and climbs. Carries, drags, kicks and tosses objects.	Runs and balances on a wide beam. Throws objects in an intended direction. Catches objects against body.
	<b>PD 2 Fine Motor</b>	Purposefully grasps objects with finger and thumb. Uses hands to accomplish tasks such as feeding self.	Opens, closes, twists and pulls objects with one or both hands.
	<b>PD 3 Safety</b>	Responds to possible dangers in environment and avoids them when prompted.	Follows simple safety rules.
	<b>PD 4 Personal Care</b>	Recognizes the difference between dirty and clean. Points to body parts when prompted. Participates in taking care of some personal needs, such as feeding self.	With help, participates in healthy habits and healthcare routines. Names body parts. Describes basic personal needs.
	<b>PD 5 Nutrition</b>	Communicates when hungry, thirsty or tired. Feeds self some finger foods.	Anticipates the need to eat, rest and drink. Feeds self soft foods with spoon or other utensil.
 <b>Language &amp; Literacy Development</b>	<b>LLD 1 Listening</b>	Shows understanding of a variety of single familiar words. Points at named objects or body parts. With prompts and gestures, follows a one-step direction.	Shows understanding of a wide variety of phrases and sentences. Responds to simple statements and questions. Follows related two-step directions given verbally.
	<b>LLD 2 Communication</b>	Says one- to two-word sentences. Repeats words heard frequently in environment. Uses a few words and word-like sounds to communicate.	Says two- to four-word sentences and repeats short phrases. Identifies familiar people, places and objects. Asks what a specific person or object is called. Communicates needs, desires and ideas.
	<b>LLD 3 Phonological Awareness</b>	Imitates sounds and tones.	Shows awareness of separate words in spoken language.
	<b>LLD 4 Alphabetic Knowledge</b>	Identifies a familiar object or person when shown a drawing or photo. Points at words printed on a page and pretends to read aloud.	Recognizes the difference between pictures, letters and numbers in print. Recognizes the sound of the first letter in his/her name.
	<b>LLD 5 Concepts of Print</b>	Recognizes if pictures are right-side up. Turns pages from front to back of book.	Identifies the front/back and top/bottom of a book. Indicates where to start reading on each page.
	<b>LLD 6 Reading Comprehension</b>	Points to pictures and repeats words from familiar stories. Answers "where" questions by pointing.	Talks about pictures and ideas in familiar stories. Answers "what" questions about stories and books. Recalls the name of the main character.
	<b>LLD 7 Writing</b>	Makes random marks with writing tools. Make handprints or fingerprints.	Holds drawing/writing tools with whole hand and may use whole arm to make intentional marks. Scribbles or draws marks as a representation of an object or person.