

EXPERIENCE

A PRACTICE WEEK

An experience preschool Teacher Guide

FIVE SAMPLE LESSONS



**Explore
life on
the farm**

Adopt a
pet cow

**Sort fruits and
vegetables for
sale at the market**

DISCOVERY ACTIVITIES

Cow Dance • Tractor Onset & Rime • Weed Together
Harvesting Crops • Market Fun

INTRODUCTION TO A PRESCHOOL PRACTICE WEEK

WHAT IS PRACTICE WEEK?

Practice Week gives you a chance to **try real lessons right now** — no waiting for boxes, no full launch required. It's a safe, simplified environment where you can assign lessons, explore the curriculum, and get your classroom ready with confidence.

This is a condensed preview — just 2–3 activities per day using materials you already have in your classroom, plus a few printables. Your full Experience Curriculum will include more activities each day, all materials delivered to your door, and the complete themed experience.

A SAMPLE

Gathering List

Down on the Farm

Each day, you will do many exciting hands-on activities with your children. Most of the supplies you will need are included in your Experience Preschool Curriculum Kit.

The items that are not included are listed here for easy gathering. Many of these supplies can be adjusted to use items in your room that you have on hand. Feel free to be creative and resourceful. You might even choose to brainstorm alternatives with children.

LESSON 2

- ☐ Dirt
- ☐ Tin

LESSON 3

- ☐ Fabric strips
- ☐ Laundry basket

LESSON 4

- ☐ Sand

LESSON 5

- ☐ Toy produce

Keep on hand:

- | | | |
|---|--|--|
| ☐ Bags | ☐ Containers | ☐ Playdough |
| ☐ Balls | ☐ Crayons | ☐ Sand |
| ☐ Beanbags | ☐ Cups | ☐ Scissors (child-safe and teacher) |
| ☐ Bins/buckets | ☐ Glue (white glue and glue sticks) | ☐ Spoons |
| ☐ Blanket/sheet/towel | ☐ Hole punch | ☐ Spray bottles |
| ☐ Blocks | ☐ Magazines and newspapers | ☐ Stapler |
| ☐ Books | ☐ Markers | ☐ Sticky notes |
| ☐ Bowls | ☐ Mirrors | ☐ Stuffed animals |
| ☐ Boxes/baskets | ☐ Nature items | ☐ Tape (clear and masking) |
| ☐ Chalk | ☐ Paint (tempera and watercolor) | ☐ Tote bag |
| ☐ Colored and regular pencils | ☐ Paintbrushes | ☐ Trays |
| ☐ Construction paper (multi-color) | ☐ Paper (including scrap) | ☐ Yarn/string/ribbon |



YOUR PRACTICE WEEK AT A GLANCE

Experience Preschool music is exclusively streaming.

You can find it on Amazon Music, Apple Music, Spotify, YouTube and in Member Resources and the [brightwheel](#) app.



LESSON 1 Cow		Community Challenge Special Cow	Creative Corner Pet Cow	Closing Time Cow Dance
LESSON 2 Tractor		Creative Corner Mud Pie	Literacy Tractor Onset & Rime	Closing Time Harvest Ride
LESSON 3 Weeding		Community Challenge Weed Together	Math Planting on the Farm	Story Time The Little Red Hen
LESSON 4 Harvesting		Community Challenge Harvesting Crops	Creative Corner Plowed Field	Closing Time Week Work
LESSON 5 FARMERS MARKET		Community Challenge Going to the Market	Math Farmers Market Sorting	Closing Time Market Fun

Let's begin!

LESSON 1

Cow



Circle Time

DISCUSSION

LLD 2d Communication
SCI 2a Natural & Earth Science

- Show the Conversation Poster and ask, "What do you know about cows?"

ALPHABET ADVENTURE

LLD 4 Alphabetic Knowledge

- Show the letter cards for Tt and Oo. Say each letter and sound. Invite the children to repeat.
- Place the Tt and Oo letter cards on the floor, with each letter represented 2-3 times.
- Invite each child to pick up a letter and say the name and sound. Encourage the children with the same letters to stand together.

COMMUNITY CHALLENGE

Special Cow

SED 1a Self-Awareness SED 3c Social Relationships CA 2b Dance & Movement

SUPPLIES

- ☐ Poem Poster: Hey Diddle Diddle

YOUR SUPPLIES

- ☐ Ball

Do Together

- How do cows move? Have you ever seen a cow jump?
- Read the Poster aloud and ask, "Do you think a cow could jump over the moon? Why or why not?"
- Say, "This special cow can jump. What special thing can you do?" Place a ball in the middle of the circle. Encourage the children to take turns passing the ball and doing a special movement.

HEY DIDDLE DIDDLE

The Cat and the Fiddle
The Cow jumped over the Moon.
The little Dog laughed
To see such sport,
And the Dish ran away with
the Spoon.

This activity builds the children's knowledge of self and confidence by asking them to identify a special ability and perform it for others.



CREATIVE CORNER

Pet Cow

SCI 2a Natural & Earth Science CA 3b Visual Arts CA 4a Drama

SUPPLIES

FOR EACH CHILD

- ☐ Cow shape
- ☐ Clothespins
- ☐ Wiggle eyes

YOUR SUPPLIES

- ☐ Markers
- ☐ Scrap paper
- ☐ Paint
- ☐ Glue
- ☐ Blocks

Discuss

- What do cows need to survive? Invite the children to make a list of needs.

Make

- Invite the children to fingerprint spots on the cow shape.
- Use scrap paper to explore dot painting.
- When the cow is dry, invite the children to clip the two clothespins onto it for legs.

Play

- Invite the children to use blocks to build fences to put their cows inside. Encourage them to pretend to care for a cow. Remind the children to think about a cow's needs to support play.

Closing Time

★ REFLECTION

LLD 2b Communication LLD 2d Communication

- Would you like to have a pet chicken? Why or why not?
- Encourage the children to describe what they know.

OBSERVE: Does the child describe familiar places or objects?

MUSIC AND MOVEMENT

Cow Dance

CA 2d Dance & Movement LLD 1a Listening

- Play "Cow in My House," track 9 on the *Dancing on the Farm* album.
- Invite the children to pretend to be the cow in the song.

**MAKE
& PLAY**

OBSERVE: Does the child understand the needs of a cow by pretending to feed and care for it?

LESSON 2

Tractor



CREATIVE CORNER

Mud Pie

M 5 Patterns CA 4a Drama

SUPPLIES

FOR EACH CHILD

☐ Tin

YOUR SUPPLIES

- ☐ Bowl
- ☐ Dirt
- ☐ Water
- ☐ Spoons
- ☐ Nature items
- ☐ Paper
- ☐ Markers
- ☐ Scissors

Discuss

- What can you make with mud?

Make

- Go outside and invite the children to find “ingredients” to decorate their mud pies, such as grass, leaves, pebbles, etc.
- Mix together dirt and water in a bowl. Invite the children to scoop and pack their tins with mud.
- Invite them to use the nature items to create patterns while decorating their pies.

Play

- Invite the children to set up a “bakery.” Encourage them to pretend to buy and sell their pies to each other.

OBSERVE: Does the child make a pattern with the nature items?
Do they use props to facilitate pretend play?



SMALL GROUP LITERACY

Tractor Onset and Rime

LLD 3b Phonological Awareness

SUPPLIES

- ☐ Tractor Onset-Rime Cards

YOUR SUPPLIES

- ☐ Scissors



Discuss and Explore

- Explain that onset is the first sound of a word and rime is the rest of the word. For example, in the word “hen,” /h/ is the onset and /en/ is the rime.
- Explain that we can put together the onset and rime to make a word. For example, /sh/ and /eep/ is “sheep.”

Play Together

- Choose an onset and rime card that can be blended to create a word. Say the onset and show the card. Say the rime and show the card. Invite the children to blend the onset and rime, then say the word. For example, ask, “What word do you get when you blend /b/ and /arn/?” If needed, pretend to “drive” the tractor cards together faster and faster to support blending.
- **Simplify:** Create a simple sentence. Invite the children to clap each word.
- **Challenge:** Invite the children to segment the onset and rime of a word.



Closing Time

REFLECTION

LLD 2a Communication

- What would you do with your harvested crops?

MUSIC AND MOVEMENT

Harvest Ride

CA 2b Dance & Movement SED 3c Social Relationships

- Play “Hayride Harvest (Instrumental),” track 12 on the *Dancing on the Farm* album.
- Invite the children to stand in a line holding the shoulders of the child in front of them.
- Encourage the line leader to drive the “tractor” around to the beat of the music.
- Switch leaders and continue.

OBSERVE: Does the child blend onset-rime to create a word?

LESSON 3

Weeding



COMMUNITY CHALLENGE

Weed Together

SCI 3b Physical Science PD 2 Fine Motor SED 3c Social Relationships

SUPPLIES

YOUR SUPPLIES

- ☐ Fabric strips
- ☐ Laundry basket

Do Together

- Explain that weeds are plants that are not usually wanted because they take nutrients, water and sunlight away from wanted plants.
- Weave fabric strips in and out of the holes in a laundry basket. Explore weeding by working together to pull out the fabric strips.
- If desired, weave two different colors of fabric strips and only pull out one color.

This activity builds relationship skills by encouraging the children to work together to accomplish a goal.



SMALL GROUP MATH

★ Planting on the Farm

M 1e Number Sense

SUPPLIES

- ☐ Math Story Cards: Crops
- ☐ Straws

YOUR SUPPLIES

- ☐ Playdough
- ☐ Scissors



Discuss and Explore

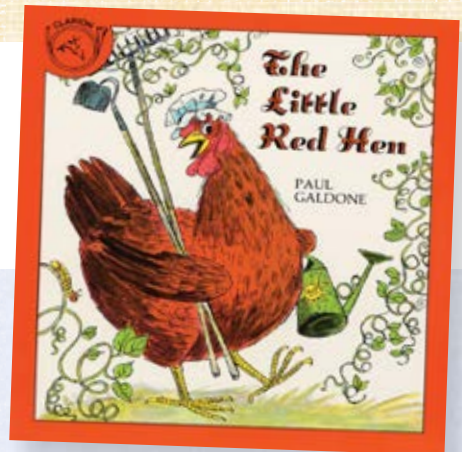
- Cut each straw into 4-5 pieces.
- Explain that the children will add or put things together to make more. Put two straws in the playdough. Add two more. Recount and say the total.
- Explain that the children will also subtract or take away to have less. Stick three straws in the playdough. Take out two. Recount and say the total.

Play Together

- Read the Math Story Cards. Use straws to demonstrate the story problem.
- Continue to read the cards. Invite the children to solve the problems using the straws and playdough.

- **Simplify:** Invite the children to solve addition and subtraction problems up to three.
- **Challenge:** Invite the children to solve addition and subtraction problems up to ten.

OBSERVE: Does the child add or subtract by adding or removing straws up to five? Do they recount to get the total?



The Little Red Hen

by Paul Galdone

LLD 6b Reading Comprehension

LLD 7b Writing

SS 2a Civics & Economics

- Show the cover and read the title. Invite the children to describe what the hen is doing on the cover, then predict what might happen in the story.
- Read the book. Define the words "porch," "mended," "ripe," "mill" and "crumb." Encourage the children to act out the chores with the Little Red Hen, such as cooking, washing, mending, raking, etc.
- If you read the story again, invite the children to recall what happened in the story by drawing and writing about scenes from the story.

LESSON 4

Harvesting



COMMUNITY CHALLENGE

Harvesting Crops

SED 3b & SED 3c Social Relationships M 6 Classification LLD 1a Listening

SUPPLIES

YOUR SUPPLIES

- ☐ Colored paper scraps

Do Together

- What might be hard about harvesting or gathering crops from the fields? Would you want to do it alone or with friends?
- Invite the children to help you toss the paper scraps on the floor and pretend they are crops.
- Shout out a color and encourage the children to work together to pick up all of the "crops" that are that color and place them in a pile.
- Continue playing until all of the crops are harvested from the field.

This activity builds social relationships by encouraging the children to join and participate in a group game.



CREATIVE CORNER

Plowed Field

CA 3b Visual Arts SCI 3b Physical Science

SUPPLIES

- ☐ Title Display
- ☐ Inspiration Photo

FOR EACH CHILD

- ☐ Comb

YOUR SUPPLIES

- ☐ Paper
- ☐ Paint
- ☐ Spoons
- ☐ Bowls
- ☐ Nature items
- ☐ Sand
- ☐ Glue

Set Up

- Set out the Inspiration Photo and additional materials.

Prompts

- What types of lines do you see in the photo? How do you think the lines were made?
- How can you use the comb and paint to make lines across your paper?
- What do you notice about the sand? What do you notice about natural materials?
- What will you do with the sand and nature items? What will happen when you sprinkle it on the wet paint?

OBSERVE: Does the child use the comb as a tool to create desired designs and textures?

Closing Time

REFLECTION

LLD 2a Communication SCI 2a Natural & Earth Science

- Why is it important to weed a garden?

MUSIC AND MOVEMENT

Weed Work

M 6 Classification SED 3c Social Relationships CA 2b Dance & Movement

- Play "Workin' on the Farm," track 6 on the *Dancing on the Farm* album.
- Set out different colored blocks. Invite the children to sort them into piles of like colors while the music plays.
- Pause the song and mix up the blocks. Encourage the children to sort again.



LESSON 5

Farmers Market



COMMUNITY CHALLENGE

Getting to the Market

SED 3c Social Relationships PD 1 Gross Motor

SUPPLIES

YOUR SUPPLIES

- ☐ Paper
- ☐ Marker
- ☐ Toy produce

Do Together

- Ask, "What are different ways to get to the farmers market?" Encourage the children to brainstorm movements. Write down their responses on paper.
- Place toy produce somewhere in the room.
- Pick a movement and invite the children to do that movement while moving towards the produce. Continue trying different movements, such as hopping, spinning, tiptoeing or driving.

This activity builds social relationships by encouraging the children to join and participate in a group movement game.



TABLE TOP MATH

Farmers Market Sorting

M 6 Classification

SUPPLIES

FOR EACH CHILD

- ☐ Farmers Market Cards

YOUR SUPPLIES

- ☐ Scissors
- ☐ Bowls

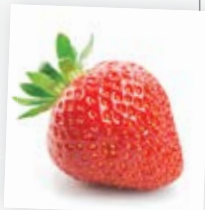
Set Up

- Give each child a set of Farmers Market Cards

Independent Play

- Ask questions about the farmers market, such as, "What is your favorite fruit or vegetable? Can you find that at a farmers market?"
- Invite the children to name the fruits and vegetables. Encourage them to sort their cards by one attribute, such as color.
- Encourage the children to brainstorm other ways they can sort the Farmers Market Cards.

OBSERVE: Does the child sort by one feature? Do they sort again by a different feature?



Closing Time

REFLECTION

LLD 2a Communication SED 1b Self-Awareness

- Would you rather buy or sell at a farmers market? Why?

MUSIC AND MOVEMENT

★ Market Fun

SED 3c Social Relationships PD 1 Gross Motor

- Play "Clip Clop Horse (Instrumental)," track 8 on the *Dancing on the Farm* album.
- Set a hoop (or another item) on the far side of the room. Pretend the hoop marks the location of the farmers market.
- Invite one child at a time to hold a basket, gallop to the hoop and around it, then back. Pass the basket to the next child for a turn.

OBSERVE: Does the child play using prosocial skills with peers during the game by sharing and taking turns?

